

Admin overload

The impact at work and at home

Biggest drains on time



#1 Meetings



#2 General admin



#3 Email



#4 Vehical admin

83 mins
on admin
per day

88% overwhelmed by the amount of admin



88% think admin adds unnecessary stress



80%
catch up on admin
outside of working
hours



32% come in early to get admin done

32%

use their lunch breaks for admin

35% have let their **family** down due to admin overload



If they didn't have to spend time on admin...



21%

would get home to read a **bedtime story** to their children



20%

would get home in **time to eat** with their family